

# FREE Community Classes!



**Friday Evenings - 6:00-7:15pm**  
April 7, 21, May 5  
**Sundays, 4:00-5:15pm - April 9,23**  
**Saturday, 4:00-5:15pm- May 6**



Our **200 Hour Anatomy of Ashtanga Yoga Teacher Training** students are ready to practice what they've learned and begin to teach! We are offering these classes **free** of charge.....for all levels of yogis.

Please join us for these great classes...our group of teachers are enthusiastic, fresh, and ready to share their gifts. We would appreciate it if you can let us know if you will be attending. Space will be limited so sign up online soon!

**Choose a class and sign up today!**

Go to the **Schedule** page at [sundogyogastudio.com](http://sundogyogastudio.com), choose your class, and sign up. **Space will be limited.** If you need to cancel your reservation, please do so 24 hours prior to the class.

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